

Life has its challenges.

**As a Veteran,
you don't have to
solve them alone.**

**Access resources that
support Veterans and you**

Resources by category:

- Health Challenges
- Relationship Challenges
- Money Challenges
- Career Challenges
- Feelings of Depression
- And more



Visit [VA.gov/REACH](https://www.va.gov/REACH) for resources or Dial **988**
then Press 1 to reach the Veterans Crisis Line.

Don't wait. Reach out.

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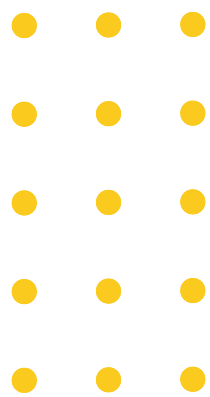
U.S. Department
of Veterans Affairs

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