

Life has its challenges.

**As a Veteran,
you don't
have to solve
them alone.**



Visit [VA.gov/REACH](https://www.va.gov/REACH) for resources
or Dial **988** then Press 1 to reach
the Veterans Crisis Line.

Don't wait. Reach out.

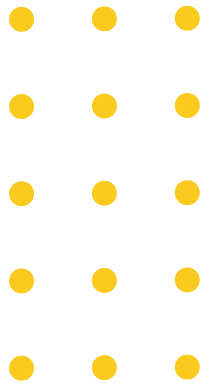
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U.S. Department
of Veterans Affairs

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